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Don't be afraid of the world
Don't be afraid of harm
Don't be afraid of poverty
Don't be afraid of hunger
Don't live in sadness (misery)
And look into your heart
You'll find warmth
You'll find Jesus

Recently, the Pope said that the world is missing peace.

Longing for peace, longing to live in peace.

And he is right by saying that because it is an urgent message

My message is for Syria and Lebanon I want to talk about the situation that we are going through

In the crisis, after 10-years of war what we've been through and lived through during war has definitely affected a lot of our people.

What we are currently going through is more difficult than during the war sadly, I've heard many people say, 'How we wish war days would come back.' during war we were all able to eat now, the situation has become even worse.

With aid provided to us, we are able to stand with our people the circumstances aren't easy for us I proudly would like to talk about our youth who dreamt and made those dreams a reality.

They were able to travel but instead chose to stay to be an icon of Hope in a world that has started losing hope. Statistics say that in 2010 560,000 Christian families were living in Syria, but now there are only 140,000.

This means we are dealing with a big issue Freddy and Safir saw this sad reality and knew they had to do something about it this is how the idea for the Hope Center started.

In order for this idea to become a reality, we needed care and support thanks to the diocese of the Latin church and the sisters of Jesus and Mary, that spiritual care and support was given we were able to launch Hope Center in 2018 with the goal of preserving the existence of the Christian community in Syria.

By supporting and serving families and people of all ages one of our main projects is the Micro Project, which aims to help families shift from relying on humanitarian aid to being resilient and self-sufficient by supporting and financing projects that can help them start their own businesses.

Till today, we have helped 793 family bread winners start their businesses in Aleppo, Damascus, and Homs.

Most of These families used to have businesses that got destroyed during war and others who weren't able to restart opened a new project.

All the result of the years of war which shattered dreams and livelihoods and we cannot forget about families who were abandoned and have no one to take care of them.





For these people, the Family-to-Family project was initiated, which distributes monthly cash aid to more than 6,000 families, including around 1,600 elderly people who live alone, and 3,000 women who are providers for their family.

We also remember the 800 families who were evacuated because of the war.

For the youth whose dreams became hard to achieve, we were there for them with our two projects - the Study Zone and the Disc project.

The Study Zone is a place where students can study in a suitable environment that contains every necessity for a student to study, From electricity, heat and internet connection these are things that most of us lack in our homes but the Study Zone is able to provide for the students.

Currently, we have 10 centers in Syria in many provinces and each center accommodates about 1,500 students daily.

The Disc project is designed for newly graduate students who cannot find suitable job opportunities disc helps them to develop their skills, starting from English language, ICDL, and other necessary skills that will help them engage in the job market.

Today, out of 390 students who participated in the DISC project, about 100 of them were able to secure suitable jobs.

In addition to all of this, we also have educational projects for children.

To help them develop their skills and learn how to think outside the box. Hope Center, which started with 2 people, currently employs 130 young males and females from all provinces of Syria.

They have hope that their services will leave a mark as we continue with our message to preserve our existence and our future in this country.

This situation that we are living in Lebanon and the harsh life that we are facing, including the explosion of Port Beirut, caused pain and sadness for everyone, including our country.

As sisters, we couldn't stop ourselves from doing something.

With our partners, we were able to aid many affected people and soothe the wounds of those who were injured.

Until today, we have opened an office to continue helping people who are in need

INSAF

I would like to talk about the idea behind launching this Dina center having gone through challenging times during the war 10 years of exhaustion, fears, challenges and pain one day we were listening to a lecture about healing through music we implemented this and thought why not include it in our mission, which is an educational, development, and healing message.

Why don't we heal through art, music, and singing to express what we feel inside?

The main goal of our center is healing through learning how to play instruments we teach 5 instruments

And we have a big section dedicated for art drawing classes in addition to a choir that includes 80 young males and females.





MANAL

I work in three areas based on our message:

The first is Hope Center, with the help of Mrs. Roula Hannoun and Mr. Nasif Shahin we began in 2019

We've conducted more than 40 courses our goal is to help the youth but this doesn't mean we don't target women or men.

There are also some courses for them, but our mission is 'how can I help and serve the church' by preparing leaders who are willing to serve and lead successfully.

We also provide psychosocial support and a counselor who is always ready to help.

If we feel that someone has something to talk about, Mrs. Roula, Mr. Nasif, and I are there to listen.

However, for people with serious issues, it is necessary to have a professional psychologist, and so we have Ms. Reen Alsaad, who provides companionship and psychosocial support to those who are in dire need and need someone to talk to.

For every spiritual aspect, we are there this is what we aim for in Hope Center

ANTOINETTE

We have rooms dedicated to female university students that can accommodate 50 females from all provinces of Syria.

The Place is big and enough to accommodate more students who not only need a room also need a place to study.

We also have a hall where students can have private lessons at Christmas, we distributed aid to all parts of Syria, including Aleppo, Homs, Latakia, and more.

We also have aid for women, and recently, we have been distributing clothes for them.

When people hear about our distributions, they come to our center for aid.

The distribution numbers were very big.

We started distributing in Maloula, and the rest were distributed in Damascus.

The distribution involves shoes and raincoats.

We have renovated 55 houses and are currently renovating 66 houses to help families return and stay in rural villages.

We are implementing many projects in many villages and parts of Syria and currently, we have 5000 distributions to all Christian families in all parts of the country in collaboration with priests and bishops.

We are four sisters in Syria, and all of this work that you saw wouldn't be possible without the people who bore the pain with us.

Through these people, we were able to aid children, the elderly and women.

Because of them, we were able to bring a smile and spread hope.

These people are our companions in our mission, without whom we wouldn't have achieved what we have today and spread our beautiful message.

I believe in the concept that says if you walk alone, you walk faster, and if you walk with a group, you walk slowly but with more stability. I thank God for his presence in our lives, and together, we are able to spread a smile and plant hope in the midst of darkness.

